

**DAWN CHARITABLE  
TRUST  
'THE COVID-19 PANDEMIC'**

**ARE YOU EXPERIENCING  
EMOTIONAL DIFFICULTIES,  
SUCH AS STRESS, ANXIETY OR  
DEPRESSION? ARE YOU IN AN  
ABUSIVE RELATIONSHIP? OR  
SUFFERING MENTAL HEALTH  
ISSUES? DAWN PROVIDES  
CONFIDENTIAL THERAPEUTIC  
THERAPY SUCH AS  
COUNSELLING IN SEVERAL  
DIFFERENT LANGUAGES.  
PUNJABI, GUJRATI, HINDI,  
URDU, TAMIL, MARATHI,  
FARSI, DARI, ROMANIAN,  
SYLHETI BENGALI,  
CANTONESE, AND TURKISH**

**YOU CAN EASILY SELF-REFER  
BY CONTACTING US ON 0208  
427 6796 OR EMAIL  
YAKEEN\_DAWN@YAHOO.CO.  
UK**

**Lets  
talk**



**One to One or  
Relationship  
Counselling available  
via Telephone,  
Skype/Zoom and  
Online Chat**



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