

HARROW FALLS SERVICE



Our Falls Prevention Service is Consultant-led and will offer:

- **Medical investigations to ascertain the cause of falls by a Consultant.**
- **Specialist therapy assessments in clinics and at home by the Physiotherapists and Occupational Therapist.**
- **Environmental risk assessments at home**
- **Individualised falls prevention action plans.**
- **Evidence based strength and balance exercise classes**
- **Provision of individualised home exercise Program**



Eligibility Criteria

- Patients who had one or more fall in the last 12 months (or)
- Present with moderate-high risk of fall-scores 3 or more on Falls Risk Assessment Tool (FRAT)
- Patient must be of age 65 years and over with Harrow GP
- Patients with unexplained falls needing further medical investigations
- Patients who consented to the referral and are motivated to participate in falls prevention programmes



To find out more about our service, please contact us on 03005558889 option 1 or you can CLCHT.harrowadultcommunityservices@nhs.net

You can refer into this service via SPA by using the Harrow integrated referral form.